

Memory Café to open in Redruth



Alzheimer's Society Cornwall & Isles of Scilly will be opening a Memory Café in Redruth on Wednesday 23rd March 2011 from 1.30pm to 3.30pm at St Rumons, Redruth. The memory café will run thereafter on the 2nd and 4th Wednesday of every month. The memory café is for people with all forms of dementia and memory loss. It is an opportunity for people with memory problems, their carers, families and friends and for volunteers and professionals to come together in a safe, welcoming environment, to meet others in a similar situation and to share their experiences.

The aims of the café are:-

- To provide social, support and information for people with dementia, their carers, families and friends
- To give recognition and social acceptance to dementia
- To give an opportunity to those concerned to speak openly about dementia and the problems experienced
- To provide practical help and information on all forms of dementia
- To prevent isolation for people with dementia and their carers, families and friends
- To discuss services, benefits and resources available for people with dementia and their carers from Health, Social Services, the Voluntary and Private Sector

If you have memory problems and would like more information or if you are able to spare a few hours a fortnight and would like to volunteer at the memory café, then please call Teresa on 01872 277963

Volunteers urgently needed.

Volunteers will receive the benefits of training, induction, expenses and support.

Contact details:-

Teresa Parsons, Alzheimer's Society

Tel: 01872 277963 or 07540 920302